

## The Pitchford Quilt

This wonderful quilt was made by the female patients at the Occupational Therapy Department of a hospital in 1960-61. At the time, this department was new, and the women were encouraged to have a go at crafts like knitting, embroidery and weaving as a way of helping their wellbeing.

This activity also gave the women a chance to socialise and develop their skills.

This quilt was made as a present for a nurse who worked at the hospital, who was getting married and moving away to be with her husband.

The patients were asked to think about everyday life outside the hospital - and so they filled their quilt with lovely stitched drawings of objects like pots, pans, baskets, milk

© Norfolk Museums Service bottles and animals!

## Bingo



It's time for a game of Quilt Bingo! Use the bingo board below. Can you spot all the items on the board in the Pitchford Quilt? (There is a large image of the quilt on the next page). Ask a friend, sibling or grown up to play with you. You could challenge each other to a race! Who can find 5 objects the fastest?


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## Quilt Sculpture

Quilts can be made out of lots of different fabrics. Often the fabrics are recycled from other materials found around the home. Using fabrics you find at home - everything from tablecloths to clothes - you and a partner are going to create a live quilted sculpture of a person! Make sure you have permission fi grown up would like to be your sculpture!

You will need two people for this activity. Or you will be the model, and the other the scu (this is the person making the sculpture!).

- Ask your model to stand or sit in a position. They can stand or sit anyway they like, but it will need to be comfortable for them to hold for at least 15 minutes! The sculptor will drape fabrics around the model - gently and carefully, avoiding areas such as the face.
- Think about the shapes you can create witr and the types of fabric you choose. Do you represent the person in anyway? Perhaps y selected their favourite blanket or jumper to
- When you're happy with your sculpture, yol photograph them, or even sketch them - Q Your model will have been standing or sittir long time and might be ready to move.
- Why don't you take it in turns to be sculptoi


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You can look at quilts as though they are a map of the place and time in which it was made.
The pictures seen in the Pitchford Quilt can also tell us about the people who made it. In this activity, we will be making a grid "map" of your home, inspired by the Pitchford Quilt.

- Take a piece of blank paper. Divide your page into at least four squares. Each square will represent a space in your home - perhaps your kitchen, living room, bedroom and bathroom as a start. You can add more squares for more rooms or spaces, maybe even a shelf, garden or the view from your favourite window?
- Pick an object that represents each room. For example, you might draw a toaster to represent the kitchen, or a sofa for the living room! You can select any object you like or you think is the most interesting.
- Draw each object in its own square. Keep going until your map is full!
- Can a friend, sibling or grown up guess which square represents which room?

Activities developed by Gabrielle Copeman, ARtist \& Kick the Dust participant

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